July 2022

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|-----------------|----------------|-----------------------|----------------|-----------------|
| 27 | 28 | 29 | 30 | 1 |
| *Drop-in Social | Drop-in Social | Drop-in Social | Drop-in Social | - |
| The Loft | The Loft | The Loft | The Loft | Canada Day |
| 9 a.m. to 12 | 9 a.m. to 12 | 9 a.m. to 12 noon | 9 a.m. to 12 | No Activities |
| noon | noon | | noon | NO Activities |
| | | Walk | | |
| Walk | Walk | Inside/Outside | Walk | |
| Inside/Outside | Inside/Outside | 9 to 10 a.m. | Inside/Outside | |
| 9 to 10 a.m. | 9 to 10 a.m. | | 9 to 10 a.m. | |
| | | Blood Pressure | | |
| Bridge | | Clinic | Euchre | |
| The Loft | | The Loft | The Loft | |
| 1 to 3 p.m. | | 11:30 a.m. | 1 to 3 p.m. | |
| | | | | |
| | | Bingo | | |
| | | The Loft | | |
| | | 1 to 3 p.m. | | |
| _ | _ | | _ | |
| 4 | 5 | 6 | 7 | 8 |
| *Drop-in Social | Drop-in Social | Drop-in Social | Drop-in Social | *Drop-in Social |
| The Loft | The Loft | The Loft | The Loft | The Loft |
| 9 a.m. to 12 | 9 a.m. to 12 | 9 a.m. to 12 noon | 9 a.m. to 12 | 9 a.m. to 12 |
| noon | noon | VA/ - III - | noon | noon |
| Malle | Wells | Walk | Wells | Wells |
| Walk | Walk | Inside/Outside | Walk | Walk |
| Inside/Outside | Inside/Outside | 9 to 10 a.m. | Inside/Outside | Inside/Outside |
| 9 to 10 a.m. | 9 to 10 a.m. | Doute | 9 to 10 a.m. | 9 to 10 a.m. |
| | Euchro/Bridge | Darts The Loft | Bingo | |
| | Euchre/Bridge | The Loft | The Loft | |
| | The Loft | 1 to 3 p.m. | 1 to 3 p.m. | |
| | 1 to 3 p.m. | | 1 to 0 p.iii. | |

| 11 | 12 | 13 | 14 | 15 |
|-----------------|------------------|-------------------|----------------|-----------------|
| *Drop-in Social | Drop-in Social | Drop-in Social | Drop-in Social | *Drop-in Social |
| The Loft | The Loft | The Loft | The Loft | The Loft |
| 9 a.m. to 12 | 9 a.m. to 12 | 9 a.m. to 12 noon | 9 a.m. to 12 | 9 a.m. to 12 |
| noon | noon | | noon | noon |
| | | Walk | | |
| Walk | Walk | Inside/Outside | Walk | Walk |
| Inside/Outside | Inside/Outside | 9 to 10 a.m. | Inside/Outside | Inside/Outside |
| 9 to 10 a.m. | 9 to 10 a.m. | | 9 to 10 a.m. | 9 to 10 a.m. |
| | | Darts | | |
| | Euchre/Bridge | The Loft | Bingo | |
| | The Loft | 1 to 3 p.m. | The Loft | |
| | 1 to 3 p.m. | | 1 to 3 p.m. | |
| 18 | 19 | 20 | 21 | 22 |
| LOFT CLOSED | LOFT CLOSED | LOFT CLOSED IN | LOFT CLOSED | LOFT CLOSED |
| IN THE | IN THE | THE MORNING. | IN THE | IN THE |
| MORNING. | MORNING. | | MORNING. | MORNING. |
| | | Darts | | |
| | Club BBQ | The Loft | Bingo | |
| | North Union Hall | 1 to 3 p.m. | The Loft | |
| | 12 to 3 p.m. | | 1 to 3 p.m. | |
| 25 | 26 | 27 | 28 | 29 |
| *Drop-in Social | Drop-in Social | Drop-in Social | Drop-in Social | *Drop-in Social |
| The Loft | The Loft | The Loft | The Loft | The Loft |
| 9 a.m. to 12 | 9 a.m. to 12 | 9 a.m. to 12 noon | 9 a.m. to 12 | 9 a.m. to 12 |
| noon | noon | | noon | noon |
| | | Walk | | |
| Walk | Walk | Inside/Outside | Walk | Walk |
| Inside/Outside | Inside/Outside | 9 to 10 a.m. | Inside/Outside | Inside/Outside |
| 9 to 10 a.m. | 9 to 10 a.m. | | 9 to 10 a.m. | 9 to 10 a.m. |
| | | Darts | | |
| | Euchre/Bridge | The Loft | Bingo | |
| | The Loft | 1 to 3 p.m. | The Loft | |
| | 1 to 3 p.m. | | 1 to 3 p.m. | |