TOWN OF EAST GWILLIMBURY

Health & Active Living Guide

Fall 2022 and Winter 2023
VIRTUAL EDITION



Cover photo provided by
EG resident Tom Horsley

FIND REGISTRATION DATES ON PAGE 6

Register online with iREG

SUBMIT YOUR PHOTOS FOR OUR SPRING GUIDE
communications@eastgwillimbury.ca

FAIR EG FOR SENIORS FUNDING AVAILABLE
See page 24

IT'S COMING!
See page 8

EG East Gwillimbury
www.eastgwillimbury.ca

COMMUNITY PARKS, RECREATION & CULTURE
Active By Nature

A message from the General Manager, Aaron Karmazyn



Welcome to the Fall 2022 and Winter 2023 edition of the Health and Active Living Guide.

After several years of COVID related program interruptions, we're happy to offer a full range of programs once again. From crafts to karate – there's something for everyone for people of all ages, interests, and abilities.

Thank you for continuing to participate in remote programs throughout the Pandemic and to those who are new to East Gwillimbury, we welcome you. We continue to adhere to health and safety measures and public health requirements because your safety is our priority.

Our parks, trails and facilities are also open. We're especially proud of officially opening 11 parks and trails over this past summer. You can now enjoy our 41 parks and 30 kilometres of trails. Be sure to visit the various signature planters throughout EG, including the most recent planter, titled "Inaawanidiwag", at the Nokiidaa Trailhead which features a martin, crane, bear, and deer, as they travel together in the canoe.

In the spirit of travelling together, our journey towards building the new Health and Active Living Plaza will soon reach the construction stage as we anticipate shovels in the ground before the end of 2022 and final construction anticipated by the end of 2024 (subject to Council approval). The Health and Active Living Plaza will truly have something for everyone including EG's first-ever Aquatics Centre, a library, EG's first maker space and sound studio, a gymnasium, program spaces, interior boardwalk, and a park with outdoor cooking space, playground, splash pad and multi-use courts.

Establishing recreation programs along with parks and trails to enjoy is key for community building. These are the places where people come together and share experiences, build relationships, and learn. I encourage you to enjoy all the places and spaces EG has to offer.



May 2020: Recreation staff redeployed as Parks staff during the COVID-19 Pandemic.

Get involved in East Gwillimbury's 2022 municipal election!

EG is introducing new voting methods this election. Get ready to cast your vote, your way.



Internet voting

October 8 to 23



Advance Polls

Online or in-person

October 8, 13, 15, 17, 19



Election Day

In-person

October 24

East Gwillimbury VOTES 2022

Visit **www.egvotes.ca** to learn more about the municipal election!



1. Animals

☎ Animal Control 1-888-644-5634

2. Building Permits

@ building@eastgwillimbury.ca
☎ Customer Service 905-478-4282

3. Bus Shelters

yrt.ca
☎ YRT 905-762-2100
☎ Toll Free 1-866-267-1177

4. Fire Hydrants

eastgwillimbury.ca/customerservice
☎ Customer Service 905-478-4282

5. Garbage/Missed Collection

@ wasteline@gflenv.com
☎ GFL 1-866-421-5625

6. Graffiti

eastgwillimbury.ca/customerservice
☎ Customer Service 905-478-4282

7. Mail Box

☎ Canada Post 1-866-607-6301

8. Noise Problems and Inquiries

☎ Customer Service 905-478-4282
☎ After Hours YRP 1-866-876-5423

9. Outdoor Fires/Burn Permits

eastgwillimbury.ca/burnpermit
☎ Customer Service 905-478-4282

10. Parking

eastgwillimbury.ca/bylawform
☎ Customer Service 905-478-4282

11. Parks and Trees

eastgwillimbury.ca/customerservice
☎ Customer Service 905-478-4282

12. Potholes

eastgwillimbury.ca/customerservice
☎ Customer Service 905-478-4282

13. Power Outage

hydroone.com/StormCenter3
☎ 1-800-434-1235

14. Property Taxes

eastgwillimbury.ca/customerservice
☎ Customer Service 905-478-4282

15. Recreation Programs

eastgwillimbury.ca/guide
@ leisure1@eastgwillimbury.ca
☎ Recreation Services 905-478-3826

16. Road Concerns

☎ Town roads – 905-478-4282
☎ Regional roads – 1-877-464-9675 ext. 75200

17. Speeding

☎ YRP 905-895-1221

18. Streetlights (outages)

eastgwillimbury.ca/streetlights
☎ Customer Service 905-478-4282

19. Traffic Signals

☎ York Region 905-895-1200

20. YRP Non Emergency Line

☎ Toll Free 1-866-876-5423
yrp.ca/Reportit

Visit www.eastgwillimbury.ca/contacts for information on community groups, sport organizations, and schools in East Gwillimbury.

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REGISTRATION INFORMATION

ONLINE REGISTRATIONS
www.eastgwillimbury.ca/ireg

CALL IN REGISTRATIONS
Customer Service 905-478-4282

REFUNDS

No refunds will be issued unless for medical reasons. A doctor's note may be required. All requests for refunds must be made in writing to the Recreation Services office. A $20 administration fee plus a fee for classes attended will be deducted from all approved refunds.

Refunds will be processed according to the date Recreation Services receives your request. Please allow three to five weeks for any refunds to be processed.

Recreation Services reserves the right to cancel programs due to insufficient registration.

TRANSFERS

All requests for transfers must be made by emailing leisure1@eastgwillimbury.ca. If space is available, a transfer could be accommodated up to two business days prior to the start of the program.

WAITING LISTS

If you cannot be accommodated in any of your selections, your name will be added to the waiting list for your first choice only.

PRORATE POLICY

Fees for classes will not be prorated for any reason.

Fall registration begins August 18, 2022.
Winter registration begins December 1, 2022.



OOPS!
We cancelled it...

...because we didn't know you wanted it!

We encourage you to register at least one week before classes start to avoid cancellations.

Visit www.eastgwillimbury.ca for more information.
Sign up for our eNewsletter at www.eastgwillimbury.ca/enews to watch for updates.



Get Involved...

Become an ENGAGED EG VOLUNTEER

The Town of EG has launched a new Volunteer Program and we would like you to be part of it!

We welcome anyone, of any age to join – families, high school students, seniors and everyone in between.

Visit **www.eastgwillimbury.ca/engagedeg** for more information and to sign up for a session.

Questions? Email **volunteers@eastgwillimbury.ca** to find out how you can join our Engaged EG Team!

EMPLOYMENT OPPORTUNITIES

The Town is looking for individuals who are passionate about their community.

Join our team as we continue to make East Gwillimbury Active by Nature.

Positions include:

- Fitness Instructor
- Preschool/Children Instructors
- Swimming Instructors
- PA Day/Holiday Break/Summer Camp Instructors
- Birthday Party Leader
- Skate Guards
- Inclusion Facilitators
- Special Event Staff
- Youth Leaders



For a complete listing of current employment opportunities, visit www.eastgwillimbury.ca/careers

Health and Active Living Plaza

It's Coming











These photos are artistic renderings

www.eastgwillimbury.ca/HALP

A BIG

Thank you!

TO OUR SPONSORS AND PARTNERS!



SPONSORSHIP
OPPORTUNITIES

For more information on sponsorship opportunities contact Recreation Services:

☎ 905-478-3826
rpogue@eastgwillimbury.ca

AQUATIC PROGRAMS

FALL 2022 AND WINTER 2023

GENERAL INFORMATION

Location:
Main Street Aquatics Centre

Duration:
9 weeks

Fall: September 20 to November 16, 2022
Winter: January 10 to March 8, 2023

Please note these charts include both fall and winter swim programs.

All Fall programs are highlighted in a light pink.
All Winter programs are highlighted in a light blue.

PARENT & TOT LESSONS

Spend quality time with your child while you both have fun and learn and socialize.Through structured in-water interaction between parent/caregiver and child, we stress the importance of play in developing water-positive attitudes and skills. We provide Lifesaving Society Water Smart® tips on keeping your child safe in any aquatic setting. Certified instructors provide guidance and answers to your questions.

PARENT & TOT 1/2

4 TO 24 MONTHS **RATIO 5:1**

Designed for the 4 to 24-month-old to learn to enjoy the water with the parent.

Day	Time	Start	Fee	Code
Wed	4:30 to 5 p.m.	Sep. 21	$130	8910
Wed	4:30 to 5 p.m.	Jan. 11	$130	8921



PRESCHOOL LESSONS

Give your child a head start on learning to swim. The Lifesaving Society Preschool Program develops an appreciation and respect for the water before kids get in too deep. In our basic aquatic progressions we work to ensure 3 to 5-year olds become comfortable in the water and have fun acquiring and developing a foundation of water skills. We incorporate Lifesaving Society Water Smart® education in all Preschool levels.

PRESCHOOL 1

3 TO 5 YEARS **RATIO 4:1**

We encourage the parent/caregiver to participate until their child lets them know they can do the task themselves. These preschoolers will have fun learning to get in and out of the water. We'll help them jump into chest-deep water. They'll float and glide on their front and back and learn to get their faces wet and blow bubbles underwater.

Day	Time	Start	Fee	Code
Tue	4:30 to 5 p.m.	Sep. 20	$115	8902
Tue	6:15 to 6:45 p.m.	Sep. 20	$115	8903
Wed	5:30 to 6 p.m.	Sep. 21	$115	8904
Tue	4:30 to 5 p.m.	Jan. 10	$115	8922
Tue	6:15 to 6:45 p.m.	Jan. 10	$115	8923
Wed	5:30 to 6 p.m.	Jan. 11	$115	8924

PRESCHOOL 2

3 TO 5 YEARS **RATIO 4:1**

These preschoolers learn to jump into chest-deep water by themselves, and get in and get out wearing a lifejacket. They'll submerge and exhale underwater. Wearing a lifejacket they'll glide on their front and back.

Day	Time	Start	Fee	Code
Tue	4:45 to 5:15 p.m.	Sep. 20	$115	8905
Wed	6:15 to 6:45 p.m.	Sep. 21	$115	8906
Wed	6:45 to 7:15 p.m.	Sep. 21	$115	8907
Tue	4:45 to 5:15 p.m.	Jan. 10	$115	8925
Wed	6:15 to 6:45 p.m.	Jan. 11	$115	8926
Wed	6:45 to 7:15 p.m.	Jan. 11	$115	8927

AQUATIC PROGRAMS

FALL 2022 AND WINTER 2023

PRESCHOOL LESSONS

PRESCHOOL 3

3 TO 5 YEARS **RATIO 4:1**

These youngsters will try both jumping and a sideways entry into deep water while wearing a lifejacket. They'll recover objects from the bottom in waist-deep water. They'll work on kicking and gliding through the water on their front and back.

Day	Time	Start	Fee	Code
Tue	5:30 to 6 p.m.	Sep. 20	$115	8908
Tue	5:30 to 6 p.m.	Jan. 10	$115	8928

PRESCHOOL 4/5

3 TO 5 YEARS **RATIO 4:1**

Preschool 4: Advanced preschoolers will learn to do solo jumps into deeper water and get out by themselves. They'll do sideways entries and open their eyes underwater. They'll master a short swim on their front wearing a lifejacket and gliding and kicking on their side.

Preschool 5: These youngsters get more adventuresome with a forward roll entry wearing a lifejacket and treading water for 10 seconds. They'll work on front and back crawl swims for 5 minute interval training and get a giggle out of whip kick.

Day	Time	Start	Fee	Code
Wed	4:45 to 5:15 p.m.	Sep. 21	$115	8909
Wed	4:45 to 5:15 p.m.	Jan. 11	$115	8929



SCHOOL AGE LESSONS

The Lifesaving Society's 6-level Swimmer program ensures your children learn how to swim before they get in too deep. Swimmer progressions accommodate children 6 years and older including absolute beginners as well as swimmers who want to build on the basics. We stress lots of in-water practice to develop solid swimming strokes and skills. We incorporate Lifesaving Society Water Smart® education in all Swimmer levels.



SWIMMER 1

6 TO 12 YEARS **RATIO 6:1**

These beginners will become comfortable jumping into water with and without a lifejacket. They'll learn to open their eyes, exhale and hold their breath underwater. They'll work on floats, glides and kicking through the water on their front and back.

Day	Time	Start	Fee	Code
Tue	5:15 to 5:45 p.m.	Sep. 20	$115	8911
Wed	5:15 to 5:45 p.m.	Sep. 21	$115	8912
Wed	7 to 7:30 p.m.	Sep. 21	$115	8913
Tue	5:15 to 5:45 p.m.	Jan. 10	$115	8930
Wed	5:15 to 5:45 p.m.	Jan. 11	$115	8931
Wed	7 to 7:30 p.m.	Jan. 11	$115	8932

SWIMMER 2

6 TO 12 YEARS **RATIO 6:1**

These advanced beginners will jump into deeper water, and become comfortable falling sideways into the water wearing a lifejacket. They'll be able to support themselves at the surface without an aid, learn whip kick, swim 10 metres on their front and back, and begin to flutter kick interval training (4 x 5 minutes).

Day	Time	Start	Fee	Code
Tue	6 to 6:30 p.m.	Sep. 20	$115	8914
Wed	6 to 6:30 p.m.	Sep. 21	$115	8915
Tue	6 to 6:30 p.m.	Jan. 10	$115	8933
Wed	6 to 6:30 p.m.	Jan. 11	$115	8934

AQUATIC PROGRAMS

FALL 2022 AND WINTER 2023

SCHOOL AGE LESSONS

SWIMMER 3

6 TO 12 YEARS **RATIO 6:1**

These junior swimmers will dive and do in-water front somersaults and handstands. They'll work on 15 metres of front crawl, back crawl and 10 metres of whip kick. Flutter kick interval training increases to 4 x 15 metres.

Day	Time	Start	Fee	Code
Tue	6:45 to 7:30 p.m.	Sep. 20	$130	8916
Tue	6:45 to 7:30 p.m.	Jan. 10	$130	8935

SWIMMER 4

6 TO 12 YEARS **RATIO 6:1**

These intermediate swimmers will swim 5 metres underwater and lengths of front, back crawl, whip kick, and breaststroke arms with breathing. Their new bag of tricks includes the completion of the Canadian Swim to Survive® Standard. They'll cap it all off with front crawl sprints over 25 metres and 4 x 25 metres front or back crawl interval training.

Day	Time	Start	Fee	Code
Wed	7:45 to 8:30 p.m.	Sep. 21	$130	8917
Wed	7:45 to 8:30 p.m.	Jan. 11	$130	8936

SEMI-PRIVATE SWIMMER 5

6 TO 12 YEARS **RATIO 4:1**

Semi-private classes offer smaller class sizes. These swimmers will master shallow dives, cannonball entries, eggbeater kicks, and in-water backward somersaults. They'll refine their front and back crawl over 50 metres swims of each, and breaststroke over 25 metres. Then they'll pick up the pace in 25 metres sprints and two interval training bouts: 4 x 50 metres front or back crawl; and 4 x 15 metres breaststroke.

Day	Time	Start	Fee	Code
Tue	7 to 7:30 p.m.	Sep. 20	$200	8918
Tue	7 to 7:30 p.m.	Jan. 10	$200	8937





SEMI-PRIVATE SWIMMER 6

6 TO 12 YEARS **RATIO 4:1**

Semi-private classes offer smaller class sizes. These advanced swimmers will rise to the challenge of sophisticated aquatic skills including stride entries, compact jumps and lifesaving kicks like eggbeater and scissor kick. They'll develop strength and power in head-up breaststroke sprints over 25 metres. They'll easily swim lengths of front crawl, back crawl, and breaststroke, and they'll complain about the 300 metres workout.

Day	Time	Start	Fee	Code
Wed	7:30 to 8 p.m.	Sep. 21	$200	8919
Wed	7:30 to 8 p.m.	Jan. 11	$200	8938

PRIVATE SWIM LESSON

PRIVATE SWIM LESSON

3 TO 12 YEARS

If you are looking for your child to complete their required level with a 1:1 lesson with an instructor, you can sign up here!

Day	Time	Start	Fee	Code
Wed	8 to 8:30 p.m.	Sep. 21	$300	8920
Wed	8 to 8:30 p.m.	Jan. 11	$300	8939



PRE-SCHOOL PROGRAMS

BALLET — 3-5 years
In this program your child will develop the grace and creativity that ballet is. Your child will learn the proper arm and leg positions as well as several ballet routines that will transform your little one into a ballerina. **Dress Code: comfortable clothes and long hair tied back.**

LITTLE KICKERS - KARATE — 3-5 years
This program presents an opportunity for participants to become actively involved in the basic self defense techniques and movements as taught in Shotokan Karate. The Karate sessions will be run by Black Belt instructors from Community Martial Arts, a member of the International Karate Association (IKA Canada). A friendly, encouraging atmosphere will be created to make it an enjoyable and fun experience. **A Karate GI (uniform) will be supplied as part of the registration cost.**

KINDER SCHOOL EXPLORERS — 3-5 years
This pre-kindergarten program will have children participating in show and tell, art projects and educational worksheets. Children will discover numbers, letters, animals and much more. This program will allow your child to learn through play. Creative games, songs, stories and activities will enhance your child's learning experience. **Please send your child with a nut-free snack and water bottle.**

SPORTBALL — MULTI-SPORT — 3-5 years
Sportball is a dynamic sports program focusing on skill development in eight different sports, namely soccer, basketball, hockey, tennis, baseball, volleyball, football and golf. This creative, non-competitive and self-esteem-building program prepares all children for a future of confident sports participation. We have included a ball for each participant in our registration fee so that parents can safely disinfect them each week. **Please be sure to decorate your ball with your child's name using a permanent marker.**

SPORTBALL — PARENT & CHILD MULTI-SPORT — 2-3 years
Parents/caregivers have a direct hand in their pre-schooler's development through this unique Multi-Sport program. With the active support and participation of their grown-up, children are able to refine their skills and continue their social and physical development such as balance and coordination by participating in eight popular sports: hockey, soccer, football, baseball, basketball, volleyball, golf and tennis. Under the guidance of our expert coaches, grownups also understand proven teaching techniques that can be applied outside of Sportball classes. Sportball maintains a one-parent-per-child ratio policy in all Parent & Child programs to ensure that focus is kept on helping little ones practice and progress. We have included a ball for each participant in our registration fee so that parents can safely disinfect them each week. **Please be sure to decorate your ball with your child's name using a permanent marker.**



SPORTBALL – SOCCER — 4-6 years
Sportball soccer classes are packed with high-energy fun, using imaginative coaching techniques and a continuous flow of new drills and non-competitive games to keep things rolling along. All Sportball programs are designed to grow with your child and reenrollment is encouraged.

PARENT AND ME — 2-4 years
This program is designed to introduce children to the basic patterns of human body movement. Participants will be guided through circuits and obstacle courses using real gymnastics equipment! This program is run in partnership with the Pulsars Gymnastics Club. All coaches are fully trained by the National Coaching Certification Program. Parent Participation is required.

TINY TUMBLERS — 4-6 years
This independent program is designed to develop basic gymnastics skills in a safe and fun environment. Participants will be guided through circuits and obstacle courses using real gymnastics equipment! All coaches are fully trained by the National Coaching Certification Program. This program is run in partnership with the Pulsars Gymnastics Club

FAMILY DROP IN — All ages



Season	Program	Age	Weeks	Day	Start	Time	Location	Fee	Code
FALL 2022	**Ballet**	3-5yrs	10	Wed	Sep. 21	5 to 5:30 p.m.	EGSC	$87.50	8837
	Ballet	3-5yrs	10	Wed	Sep. 21	5:45 to 6:15 p.m.	EGSC	$87.50	8838
	Little Kickers - Karate	3-5yrs	10	Mon	Sep. 19	5 to 5:45 p.m.	EGSC	$190	8840
	Little Kickers - Karate	3-5yrs	10	Wed	Sep. 21	5 to 5:45 p.m.	MACC	$190	8843
	Kinder School Explorers	3-5yrs	10	Tue	Sep. 20	9:30 to 11:30 a.m.	EGSC	$95	8845
	Sportball - Multi Sport	3-5yrs	10	Sat	Sep. 24	12:15 to 1:15 p.m.	HLCC	$158	8848
	Sportball - Multi Sport	3-5yrs	10	Sat	Sep. 24	1:30 to 2:30 p.m.	HLCC	$158	8849
	Sportball - Parent and Child Multi Sport	2-3yrs	10	Sat	Sep. 24	11:15 a.m. to 12 p.m.	HLCC	$158	8847
	Sportball - Parent and Child Multi Sport	2-3yrs	10	Sat	Sep. 24	2:30 to 3:15 p.m.	HLCC	$158	8850
	Sportball - Soccer	4-6yrs	10	Sat	Sep. 24	10 to 11 a.m.	HLCC	$158	8846
	Parent and Me	2-4 yrs	10	Thu	Sep. 22	3:45 to 4:15 p.m.	ROSS	$90	8957
	Tiny Tumblers	4-6 yrs	10	Thu	Sep. 22	4:25 to 4:55 p.m.	ROSS	$90	8958
	Family Drop-In	All	15	Sat	Sep. 17	10 a.m. to 12 p.m.	HHAC	$3	Drop-in

LOCATION LEGEND

EGSC: East Gwillimbury Sports Complex
HLCC: Holland Landing Community Centre
ROSS: Ross Family Complex (Mount Albert)
MACC Mount Albert Community Centre
HHAC Harvest Hills Activity Centre



Season	Program	Age	Weeks	Day	Start	Time	Location	Fee	Code
WINTER 2023	**Ballet**	3-5yrs	10	Wed	Jan. 18	5 to 5:30 p.m.	EGSC	$87.50	8879
	Ballet	3-5yrs	10	Wed	Jan. 18	5:45 to 6:15 p.m.	EGSC	$87.50	8880
	Little Kickers - Karate	3-5yrs	10	Mon	Jan. 16	5 to 5:45 p.m.	EGSC	$190	8886
	Little Kickers - Karate	3-5yrs	10	Wed	Jan. 18	5 to 5:45 p.m.	MACC	$190	8887
	Kinder School Explorers	3-5yrs	10	Tue	Jan. 17	9:30 to 11:30 a.m.	EGSC	$95	8883
	Sportball - Multi Sport	3-5yrs	10	Sat	Jan. 14	12:15 to 1:15 p.m.	HLCC	$158	8892
	Sportball - Multi Sport	3-5yrs	10	Sat	Jan. 14	1:30 to 2:30 p.m.	HLCC	$158	8893
	Sportball - Parent and Child Multi Sport	2-3yrs	10	Sat	Jan. 14	11:15 a.m. to 12 p.m.	HLCC	$158	8894
	Sportball - Parent and Child Multi Sport	2-3yrs	10	Sat	Jan. 14	2:30 to 3:15 p.m.	HLCC	$158	8895
	Sportball - Soccer	3-6yrs	10	Sat	Jan. 14	10 to 11 a.m.	HLCC	$158	8896
	Parent and Me	2-4 yrs	10	Thu	Jan. 19	3:45 to 4:15 p.m.	ROSS	$90	8960
	Tiny Tumblers	4-6 yrs	10	Thu	Jan. 19	4:25 to 4:55 p.m.	ROSS	$90	8961
	Family Drop-In	All	10	Sat	Jan. 14	10 a.m. to 12 p.m.	HHAC	$3	Drop-in

LOCATION LEGEND

EGSC: East Gwillimbury Sports Complex
HLCC: Holland Landing Community Centre
MACC: Mount Albert Community Centre
HHAC: Harvest Hills Activity Centre



CHILD & YOUTH PROGRAMS

DRAW, PAINT & SCULPT — 9-13 years
Children will explore their creativity and discover their talents while learning art skills and techniques in drawing, painting and sculpting. Join Artist Donna Burwell-Stevens to learn about famous artists and to create portraits, still life, landscapes and more! Materials include: charcoal, oil pastel, watercolour and clay.

INTRO TO KARATE — 7-12 years
This program is an opportunity for participants to become actively involved in the basic self defense techniques and movements as taught in Shotokan Karate. The Karate sessions will be run by Black Belt instructors from Community Martial Arts, a member of the International Karate Association (IKA Canada). A friendly, encouraging atmosphere will be created to make it an enjoyable and fun experience. **A Karate GI (uniform) will be supplied as part of the registration cost.**

JAZZ — 5-8 years
For those who enjoy creativity and movement this is the class for you. Participants will not only learn the fundamentals, positions and technical movements that are required in Jazz dance, but they will also develop strength, style, flexibility, coordination and gain a sense of rhythm and musicality. **Dress Code: comfortable clothes and long hair tied back.**

YOUTH INTRO TO KARATE — 12-17 years
This program is an opportunity for participants to become actively involved in the basic self defense techniques and movements as taught in Shotokan Karate. The Karate sessions will be run by Black Belt instructors from Community Martial Arts, a member of the International Karate Association (IKA Canada). A friendly, encouraging atmosphere will be created to make it an enjoyable and fun experience. **A Karate GI (uniform) will be supplied as part of the registration cost.**

PLAYBALL BALL HOCKEY — 6-8 years
Learn and build upon your hockey skills in a fun and non-competitive environment! Practice the fundamentals and develop more confidence in stickhandling, passing and shooting. Each child's needs are taken into consideration. This program is a great way for participants of all abilities to be part of the Team!

PLAYBALL BALL HOCKEY — 8.5-10 years
In partnership with Playball this program is a great skill-building program where boys and girls of all abilities will develop the knowledge and skills needed to play hockey in a fun, safe and energetic indoor environment.
Come be part of the team!



GYM TENNIS — 6-7, 8-9, AND 10-11 years
This 45 minute program is designed to teach children the fundamentals of tennis. Special foam balls and mini nets are used in a gym setting. Each participant is required to have their own tennis racquet ad proper gym shoes. All of our coaches are Tennis Canada certified. The maximum player to coach ratio will be 6:1.

TUMBLE STARS — 7-9 years
In this structured program, participants will learn and build upon basic gymnastics skills. Learning tools such as circuits and obstacle courses will be used. Coaches might also set up stations tailored for certain participants; this creates a more individualized learning atmosphere. All coaches are fully trained by the National Coaching Certification Program. This program is run in partnership with the Pulsars Gymnastics Club.

RETURN TO ICE HOCKEY CLINIC — 6-8, 9-11 AND 12-15 years
Take advantage of our 'Return to Ice Hockey Clinic' and work with an experienced Hockey Canada certified coach. This is your chance to brush up on your skills and wow the coaches at your upcoming tryouts. We will work on basic skills such as edges, stick handling, and shooting while progressing into situational-based drills to sharpen your hockey IQ.

BASKETBALL DROP IN — 16+

FAMILY DROP IN — All ages

PICKLEBALL DROP IN — 12-17 years





Season	Program	Age	Weeks	Day	Start	Time	Location	Fee	Code
FALL 2022	**Draw, Paint & Sculpt**	9-13 yrs	8	Tue	Sep. 20	5:30 to 7 p.m.	HHAC	$112	8836
	Intro to Karate	7-12 yrs	10	Mon	Sep. 19	5:45 to 6:30 p.m.	EGSC	$190	8841
	Intro to Karate	7-12 yrs	10	Wed	Sep. 21	5:45 to 6:30 p.m.	MACC	$190	8844
	Jazz	5-8 yrs	10	Wed	Sep. 21	6:30 to 7 p.m.	EGSC	$87.50	8839
	Youth Intro to Karate	12-17yrs	10	Mon	Sep. 19	6:30 to 7:15 p.m.	EGSC	$190	8842
	Playball - Ball Hockey	6-8 yrs	10	Wed	Sep. 21	4:15 to 5:05 p.m.	ROSS	$158	8877
	Playball - Ball Hockey	8.5-10 yrs	10	Wed	Sep. 21	5:15 to 6:15 p.m	ROSS	$158	8878
	Tumble Stars	7-9 yrs	10	Thu	Sep. 22	5 to 5:30 p.m.	ROSS	$90	8959
	Return to Ice Hockey Clinic	6-8 yrs	1	Mon	Aug. 29	9 to 9:50 a.m.	EGSC	$30	8948
	Return to Ice Hockey Clinic	6-8 yrs	1	Tue	Aug. 30	1 to 1:50 a.m.	EGSC	$30	8949
	Return to Ice Hockey Clinic	6-8 yrs	1	Wed	Aug. 31	9 to 9:50 a.m.	EGSC	$30	8950
	Return to Ice Hockey Clinic	9-11 yrs	1	Mon	Aug. 29	10 to 10:50 a.m.	EGSC	$30	8951
	Return to Ice Hockey Clinic	9-11 yrs	1	Tue	Aug. 30	2 to 2:50 a.m.	EGSC	$30	8952
	Return to Ice Hockey Clinic	9-11 yrs	1	Wed	Aug. 31	10 to 10:50 a.m.	EGSC	$30	8953
	Return to Ice Hockey Clinic	12-15 yrs	1	Mon	Aug. 29	11 to 11:50 a.m.	EGSC	$30	8954
	Return to Ice Hockey Clinic	12-15 yrs	1	Tue	Aug. 30	3 to 3:50 a.m.	EGSC	$30	8955
	Return to Ice Hockey Clinic	12-15 yrs	1	Wed	Aug. 31	11 to 11:50 a.m.	EGSC	$30	8956

LOCATION LEGEND

EGSC: East Gwillimbury Sports Complex
HHAC: Harvest Hills Activity Centre
MACC: Mount Albert Community Centre
ROSS: Ross Family Complex (Mount Albert)





Season	Program	Age	Weeks	Day	Start	Time	Location	Fee	Code
WINTER 2023	**Draw, Paint & Sculpt**	9-13 yrs	8	Tue	Jan. 17	5:30 to 7 p.m.	HHAC	$112	8882
	Intro to Karate	7-12 yrs	10	Mon	Jan. 16	5:45 to 6:30 p.m.	EGSC	$190	8884
	Intro to Karate	7-12 yrs	10	Wed	Jan. 18	5:45 to 6:30 p.m.	MACC	$190	8885
	Jazz	5-8 yrs	10	Wed	Jan. 18	6:30 to 7 p.m.	EGSC	$87.50	8881
	Youth Intro to Karate	12-17 yrs	10	Mon	Jan. 16	6:30 to 7:15 p.m.	EGSC	$190	8888
	Playball - Ball Hockey	6-8 yrs	10	Wed	Jan. 18	4:15 to 5:05 p.m.	ROSS	$158	8897
	Playball - Ball Hockey	8.5-10 yrs	10	Wed	Jan. 18	5:15 to 6:15 p.m	ROSS	$158	8898
	Gym Tennis	6-7 yrs	8	Tue	Jan. 17	4 to 4:45 p.m.	HLCC	$210	8889
	Gym Tennis	8-9 yrs	8	Tue	Jan. 17	4:45 to 5:30 p.m.	HLCC	$210	8890
	Gym Tennis	10-11 yrs	8	Tue	Jan. 17	5:30 to 6:15 p.m.	HLCC	$210	8891
	Tumble Stars	7-9 yrs	10	Thu	Jan. 19	5 to 5:30 p.m.	ROSS	$90	8962

LOCATION LEGEND

EGSC: East Gwillimbury Sports Complex
HLCC: Holland Landing Community Centre
HHAC: Harvest Hills Activity Centre
MACC: Mount Albert Community Centre
ROSS: Ross Family Complex (Mount Albert)



Don't miss out on

SCHOOL BREAK PROGRAMS

Come spend your days off making new friends while playing games, sports, doing arts and crafts, playing outdoors, and more!

Subscribe to **www.eastgwillimbury.ca/guide** to stay up to date on pop-up workshops, camps and drop in programs throughout the year!



Public Skating Programs

The Town of East Gwillimbury (EG) offers a variety of skating programs like public skating, shinny hockey, stick and puck, and more!

Our skating programs run on our two ice pads at the EG Sports Complex (1914B Mount Albert Road) in Sharon.

Subscribe to **www.eastgwillimbury.ca/publicskating** to stay up to date on skating schedules throughout the year!



EG East Gwillimbury Sports Complex

SHINNY PASS

10 Visits for **$56.50** (Non-refundable)

CARD MUST BE PRESENTED PRIOR TO ENTERING THE DRESSING ROOM

1	2	3	4	5	6	7	8	9	10

YOUTH & COMMUNITY INITIATIVES FUND

The Youth & Community Initiatives Fund provides families with financial support to ensure kids and elite athletes have the opportunity to play and participate in extra-curricular activities. Funding is also available for community groups (please see application on website for more information). The Youth & Community Initiatives Fund is supported through the Annual East Gwillimbury Mayor & Council Charity Golf Tournament.

Funding is available for:

Youth:
Under the age of 19

Elite Athletes:
Participating in provincial or national sporting events

Community Groups:
Not-for-profit and charitable organizations

For more information and to complete an application form visit:
www.eastgwillimbury.ca/initiativesfund

Questions?
Contact Gina Casey
Executive Assistant to Mayor and Council
905-478-4283 ext. 1276
gcasey@eastgwillimbury.ca

Youth & Community Initiatives Fund
East Gwillimbury
Mayor and Council Golf Tournament

A special thank you to those who support the East Gwillimbury community and participate in the Mayor & Council Charity Golf Tournament each year.

FAIR, ACCESSIBLE, INCLUSIVE RECREATION

The Town of East Gwillimbury now offers a fee assistance program to ensure participants of all ages can participate in Fair, Accessible, and Inclusive Recreation opportunities in EG!

What is FAIR EG?
FAIR EG provides residents of all ages discounts on Town recreation camps and programs. The discount is based on the number of members in the household as well as household income on a sliding scale.

How do I apply?
The FAIR EG process is completely confidential, respectful and dignified. Fill out an application at www.eastgwillimbury.ca/faireg or contact our Recreation Services Team.

Questions?
For more information, contact our Recreation Services Team:
☎ 905-478-3826 ext. 1409
@ rpogue@eastgwillimbury.ca



EG East Gwillimbury

Community Parks, Recreation & Culture Active By Nature

ADULT & OLDER ADULT ACTIVE LIVING PROGRAMS

LEGEND ■ The Town encourages all participants to bring their own mat for hygienic reasons.

AQUAFIT
Aquatic fitness is easy on the joints and a great low-impact workout for people of all ages! This program features a warm up, aerobics, muscle conditioning exercises and a cool down.

LINE DANCING - ALL LEVELS
Kick up your heels with an hour of fun line dancing. Our instructor will walk you through the steps of traditional and country line dancing. All fitness levels welcome.

PIYO
PiYo combines the muscle-sculpting, core-firming benefits of Pilates with the strength and flexibility advantages of Yoga. And we crank up the speed to deliver a true fat-burning, low-impact workout that leaves our body looking long, lean, and incredibly defined. With every action-packed PiYo session, you can burn excess fat and sculpt and define your whole body as you minimize the aches and pains that come along with high-impact workouts. No matter your age or body type, PiYo will help give you dramatically visible, incredibly beautiful results.

TENNIS - BEGINNER (OUTDOOR)
Beginner lessons will focus on the technical aspects of tennis. Participants will learn about proper grips, forehands, backhands, volleys and serves. This program is run in pertnership with the East Gwillimbury Tennis Club. Coaches are Tennis Canada certified and classes will have a maximum of 8 participants.

TENNIS - BEGINNER (INDOOR)
Indoor gym tennis will allow players with little or no tennis experience to learn the basic fundamentals of tennis. This program uses mini nets and foam balls. The goal is to have all students rallying and playing out points by the end of the session. This program is run in partnership with the East Gwillimbury Tennis Club. All coaches are Tennis Canada certified.

YOGA - FLOW ■
Designed for participants of all levels of experience, this program focuses on smooth transitions from one pose to the next. Our instructor will guide you through a variety of sequences where each movement is synchronized with your breathing to create a sense of flow. Yoga Flow is ideal for helping to build muscle strength and endurance, while improving balance and overall cardiovascular fitness.





YOGA - YIN ■
Yin is a slower-paced, meditative style of yoga where postures are held for longer periods of time than in other traditional styles. Our instructor will guide you through various sequences designed to target the body's connective tissues such as tendons, fasciae and ligaments to increase circulation in joints and improve flexibility. Breathing techniques incorporated in this program will help to lower levels of stress and anxiety, leaving you with a sense of calm.

YOGA - HATHA ■
An introduction to Hatha Yoga is designed for students who are either new or returning to yoga. You will be guided by our instructor to gently explore basic postures and simple breathing techniques, followed by guided relaxation. Yoga improves your tone, helps strengthen and balance the body, and is ideal for counteracting the stresses of daily life.

YOGA - FIT ■
An exciting new class format appropriate for those feeling inspired to take their practice to the next level. We will combine low impact cardio, working larger muscle groups to increase heart rate in an invigorating half hour, followed by a beautiful alignment-based vinyasa flow in the second half of our session. We will end with some heart-opening poses to leave you feeling open and relaxed. This class will improve fitness, strength, balance, and flexibility.

YOGA - AFTER WORK REVIVAL ■
The goal of this program is to relax, restore and revitalize. Engaging in breath work, you will quiet the mind and cultivate focus. A gentle flow practice will follow to restore and revitalize your mind and body letting you approach the evening hours with new-found energy! Props and wall yoga will be incorporated in various classes. Suitable for all levels.

ZUMBA
People of all ages are falling in love with Zumba's infectious music, easy-to-follow dance moves and body-sculpting benefits. Come dance to the rhythms of Salsa, Merengue, Reggaeton, and other Latin beats. This is a fitness class you will not want to miss! Ditch the routine, join the party!

BODY BURN
Using equipment such as kettle bells, ropes, bands and more, come join us for high-intensity training that combines functional fitness and cardio to get a full body workout!

Season	Program	Weeks	Day	Start	Time	Location	Fee	Code
FALL 2022	Aquafit	9	Tue	Sep. 20	7:45 to 8:30 p.m.	MSAC	$120	8901
	Line Dancing - All Levels	12	Tue	Sep. 20	7:30 to 8:30 p.m.	EGSC	$99	8861
	Line Dancing - All Levels	12	Wed	Sep. 21	10 a.m. to 12 p.m.	HLCC	$164	8862
	PiYo	12	Wed	Sep. 21	7:30 to 8:30 p.m.	EGSC	$154	8875
	Tennis - Adult Beginner (Outdoor)	6	Tue	Sep. 20	10 to 11 p.m.	HLCC	$150	8851
	Yoga - After Work Revival	12	Tue	Sep. 20	6 to 7 p.m.	HHAC	$154	8854
	Yoga - Flow	10	Mon	Sep. 19	7:30 to 8:30 p.m.	EGSC	$130	8852
	Yoga - Flow	10	Mon	Sep. 19	7 to 8 p.m.	MALCC	$130	8853
	Yoga - Hatha	12	Wed	Sep. 21	7 to 8:30 p.m.	HLCC	$205	8855
	Yoga - Hatha	12	Thu	Sep. 22	7 to 8:30 p.m.	MACC	$205	8856
	Yoga - Yin	12	Thu	Sep. 22	7 to 8 p.m.	HLCC	$154	8857
	Yoga - Fit	12	Tue	Sep. 20	12 to 1 p.m.	HLCC	$154	8858
	Body Burn	12	Wed	Sep. 21	7 to 8 p.m.	ROSS	$125	8965

Season	Program	Weeks	Day	Start	Time	Location	Fee	Code
	Aquafit	9	Tue	Jan. 10	7:45 to 8:30 p.m.	MSAC	$120	8963
WINTER 2023	Line Dancing - All Levels	10	Tue	Jan. 17	7:30 to 8:30 p.m.	EGSC	$82	8863
	Line Dancing - All Levels	10	Wed	Jan. 18	10 a.m. to 12 p.m.	HLCC	$140	8864
	PiYo	10	Wed	Jan. 18	7:30 to 8:30 p.m.	EGSC	$130	8876
	Tennis - Adult Beginner (Indoor)	6	Mon	Jan. 9	10 to 11 p.m.	HLCC	$245	8865
	Yoga - After Work Revival	10	Tue	Jan. 17	6 to 7 p.m.	HHAC	$130	8866
	Yoga - Flow	10	Mon	Jan. 16	7:30 to 8:30 p.m.	EGSC	$130	8867
	Yoga - Flow	10	Mon	Jan. 16	7 to 8 p.m.	MALCC	$130	8868
	Yoga - Hatha	10	Wed	Jan. 18	7 to 8:30 p.m.	HLCC	$172	8869
	Yoga - Hatha	10	Thu	Jan. 19	7 to 8:30 p.m.	MACC	$172	8870
	Yoga - Yin	10	Thu	Jan. 19	7 to 8 p.m.	HLCC	$130	8871
	Yoga - Fit	10	Tue	Jan. 17	12 to 1 p.m.	HLCC	$130	8872
	Zumba	10	Thu	Jan. 19	7 to 8 p.m.	EGSC	$110	8874
	Body Burn	10	Wed	Jan. 18	7 to 8 p.m.	ROSS	$110	8966

LOCATION LEGEND

EGSC: East Gwillimbury Sports Complex
HHAC: Harvest Hills Activity Centre
HLCC: Holland Landing Community Centre
MSAC: Main Street Aquatic Centre
MACC: Mount Albert Community Centre
MALCC: Mount Albert Lion's Community Centre
ROSS: Ross Family Complex (Mount Albert)

ACTIVE EG DROP-INS

FALL 2022

Fall: September 12 to December 21, 2022					
Monday	**Tuesday**	**Wednesday**	**Thursday**	**Friday**	**Saturday**
			Artist Drop-In 10 a.m. to 1 p.m. 16+ yrs ROSS		**Family Drop-In** 10 a.m. to 12 p.m. All ages HHAC
Artist Drop-In 10 a.m. to 1 p.m. 16+ yrs HLCC	**Pickleball** 2 to 4 p.m. 16+ yrs ROSS	**Pickleball** 1 to 3 p.m. 16+ yrs ROSS	**Badminton/Parent & Tot Family Drop-in** 10 a.m. to 12 p.m. 12+ yrs ROSS	**Pickleball** 1 to 3 p.m. 16+ yrs ROSS	**Basketball** 10 a.m. to 12 p.m. 14+ HHAC
	Pickleball 6:30 to 8:30 p.m. 16+ yrs ROSS	**Volleyball** 7 to 9 p.m. 16+ yrs ROSS	**Pickleball** 6 to 8 p.m. 8-15 yrs HHAC	**Basketball** 7 to 9 p.m. 12+ yrs ROSS	
			Pickleball 8 to 10 p.m. 16+ yrs HHAC		

WINTER 2023

Winter: January 9 to March 31, 2023					
Monday	**Tuesday**	**Wednesday**	**Thursday**	**Friday**	**Saturday**
			Artist Drop-In 10 a.m. to 1 p.m. 16+ yrs ROSS		**Family Drop-In** 10 a.m. to 12 p.m. All ages HHAC
Artist Drop-In 10 a.m. to 1 p.m. 16+ yrs HLCC	**Pickleball** 2 to 4 p.m. 16+ yrs ROSS	**Pickleball** 1 to 3 p.m. 16+ yrs ROSS	**Badminton/Parent & Tot Family Drop-in** 10 a.m. to 12 p.m. 12+ yrs ROSS	**Pickleball** 1 to 3 p.m. 16+ yrs ROSS	**Basketball** 10 a.m. to 12 p.m. 14+ HHAC
	Pickleball 6:30 to 8:30 p.m. 16+ yrs ROSS	**Volleyball** 7 to 9 p.m. 16+ yrs ROSS	**Pickleball** 6 to 8 p.m. 8-15 yrs HHAC	**Basketball** 7 to 9 p.m. 12+ yrs ROSS	
			Pickleball 8 to 10 p.m. 16+ yrs HHAC		

All Active EG Drop-in programs cost $3 per person plus applicable HST.
Visit the EG Sports Complex to purchase your ActiveEG Pass.

LOCATION LEGEND

EGSC: East Gwillimbury Sports Complex
HHAC: Harvest Hills Activity Centre
HLCC: Holland Landing Community Centre
MACC: Mount Albert Community Centre
MALCC: Mount Albert Lion's Community Centre
ROSS: Ross Family Complex (Mount Albert)

OLDER ADULT SOCIAL DROP INS AND CLUBS

EAST GWILLIMBURY 55'n UP CLUB

EG Sports Complex
1914B Mount Albert Road, Sharon
eg55nupclub@gmail.com | 905-478-4283 x1407
www.eastgwillimbury.ca/55NUP | Facebook @eg55nupclub

MOUNT ALBERT FRIENDSHIP CLUB FOR SENIORS

Ross Family Complex
19300 Centre Street, Mount Albert
905-473-3305

GOLDEN ANCHOR SENIORS' CLUB

Holland Landing Community Centre
19513 Yonge Street
goldenanchorseniorsclub@yahoo.ca

CHATS

905-713-6596
www.chats.on.ca

Thank you to our partners



OLDER ADULT ACTIVE LIVING PROGRAMS

If you become a member of the new EG 55'n UP Club you will benefit from discounted or free programs provided by the Club in partnership with EG Community Parks, Recreation and Culture.

Email eg55nupclub@gmail.com to learn how you can become a member. Find us on Facebook at @eg55nupclub



Registered Programs

Members of the 55 'n UP Club pay the member fee for the following registered programs.

Fall registered programs are highlighted in pink.
Winter registered programs are highlighted in blue.

YOUNG AT HEART

Join us for a fun low impact cardio class that incorporates hand held weights, exercise bands, and other equipment. You will strengthen your muscles; improve your blood circulation and mobility. For encouragement and an hour of fun, you will not want to miss it. Beginners welcome! The Town encourages all participants to bring their own mat for hygienic reasons.

Program	Weeks	Day	Start	Time	Location	Member Fee	Non-Member Fee	Code
Young at Heart	12	Tue	Sep. 20	10 to 11 a.m.	HLCC	$115	$126.40	8859
Young at Heart	10	Tue	Jan. 17	10 to 11 a.m.	HLCC	$96	$105.60	8873

OLDER ADULT ACTIVE LIVING PRICING

Fitness Pass - 8 Visits | 55'n UP Club Member - $10 | Non-Member - $8
***plus applicable HST**
Visit the EG Sports Complex to purchase your ActiveEG Pass





OLDER ADULT ACTIVE EG FITNESS DROP-INS

MOVE YOUR BODY

Join our instructor for a fun, dynamic workout geared to your fitness level and ability. This program incorporates resistance bands, kettlebells and hand-held weights for a low-impact muscle-conditioning workout designed to help improve strength, mobility, and flexibility. As the program progresses, you'll try new exercises and build on your progress.

55+ FUNCTIONAL FITNESS

Join us for an hour of exercise includes a warm-up, cardio, balance exercises, strength training using weights and resistance bands (provided) and ends with a cool down. This class is a great way to tone and stretch your muscles, increase your energy and promote a healthy lifestyle. Our excellent instructor, Pat Wellman, will offer modifications to increase/decrease intensity as well as to help those with arthritis or injury.

CHAIR YOGA

This program is a gentle introduction to yoga for anyone needing extra support. It consists of 60 minutes of modified yoga postures done while sitting or standing beside a chair. The gentle movements help improve the function, mobility, and range of motion of the spine and other joints in the body. Some of the exercises stretch, release tension tight areas and strengthen such as the shoulders, neck, sides of the chest, hips, and lower back. Included breathing techniques help increase relaxation and reduce stress

LINE DANCING

Our instructor will walk you through the steps of traditional and country line dancing. All fitness levels welcome.



GENERAL INFORMATION

Fall: September 12 to December 21, 2022.
Winter: January 9 to March 31, 2023.

Fall exclusion dates:

- October 8, 2022 – Elections
- October 10, 2022 – Thanksgiving
- October 13, 2022 – Elections
- October 15, 2022 – Elections
- October 17, 2022 – Elections
- October 19, 2022 – Elections
- October 24, 2022 – Elections

Winter exclusion dates:

- February 20, 2023 – Family Day
- March 13 to 18, 2023 – March Break



PROGRAM UPDATES

Visit www.eastgwillimbury.ca for updates on all Older Adult Programs.

OLDER ADULT ACTIVE EG FITNESS DROP-INS

FALL 2022

Fall: September 12 to December 21, 2022				
Monday	**Tuesday**	**Wednesday**	**Thursday**	**Friday**
55+ Functional Fitness 10 to 11 a.m. EG Sports Complex	**Move Your Body** 10 to 11 a.m. EG Sports Complex	**Chair Yoga** 10 to 11 a.m. EG Sports Complex	**Line Dancing** 10 to 11 a.m. EG Sports Complex	**55+ Functional Fitness** 10 to 11 a.m. EG Sports Complex

WINTER 2023

Winter: January 16 to March 31, 2023				
Monday	**Tuesday**	**Wednesday**	**Thursday**	**Friday**
55+ Functional Fitness 10 to 11 a.m. EG Sports Complex	**Move Your Body** 10 to 11 a.m. EG Sports Complex	**Chair Yoga** 10 to 11 a.m. EG Sports Complex	**Line Dancing** 10 to 11 a.m. EG Sports Complex	**55+ Functional Fitness** 10 to 11 a.m. EG Sports Complex

ACTIVE EG FITNESS DROP-IN PRICING

Fitness Pass- 1 Use | Non-Member- $10 | Member- $8

*plus applicable HST

Visit the EG Sports Complex to purchase your ActiveEG Pass



PARKS & AMENITIES

PARK	ADDRESS	ACCESSIBLE	BASEBALL	BASKETBALL	BIKE PARK	FITNESS STATION	GARDEN / REST AREA	PARKING	PICNIC SHELTER (Rentable)	PLAYGROUND	SHELTER	SKATE PARK / SCOOTER ZONE	SOCCER	SPLASH PAD	TENNIS	TRAILS
Anchor	88 Doane Rd.	✓	✓		✓			✓	✓	✓			✓			✓
Allangrove	28 Allangrove Avenue	✓								✓	✓					✓
Beechwood	49 Brightwork Way	✓	✓	✓			✓	✓		✓	✓					
Birchard	5590 Mount Albert Rd.									✓			✓			
Brenner	53 Morton Ave.								✓	✓						
Brown Hill	26 Blake St.	✓		✓		✓				✓	✓					
Carnaby	80 Alvin Pegg Dr.	✓					✓				✓					✓
Children of Peace Park	68 Sharonview Cre.			✓		✓					✓					
Cupples Farm Park	127 Cupples Farm Lane	✓								✓						
Don Rose	7 Don Rose Blvd.									✓						
Emily	35 Thompson Dr.	✓	✓					✓		✓						
French	459 Queensville Sdrd.	✓								✓						
Grant	29 Milne Lane	✓								✓	✓					
Grist Mill	186 Stegman Rd.	✓		✓						✓	✓		✓	✓		
Harvest Hills	183 Harvest Hills Blvd.	✓		✓				✓		✓	✓	✓		✓	✓	✓
Holland Landing C.C.	19513 Yonge St.	✓		✓						✓						
King Street	351 King St.	✓								✓						✓
Ladder	31 Ladder Cres.	✓					✓									
Lady Gwillim	55 Harvest Hills Blvd.	✓		✓						✓						
Mainprize	40 Mainprize Cres.	✓					✓			✓	✓					
Manor Forest	13 Manor Forest Rd.	✓			✓	✓				✓	✓					✓
Manor Hampton Park	130 Manor Hampton St.						✓									
Mill Street	44 Mill St.						✓									
Millennium Garden	51 Albert St.		✓	✓				✓	✓	✓		✓				
Mount Albert C.C.	53 Main St.							✓		✓			✓			
Mount Albert Lions C.C.	5057 Mount Albert Rd.	✓		✓						✓	✓			✓		
Murrell	950 Murrell Blvd.							✓		✓						
North Union C.C.	2624 Boag Rd.	✓								✓	✓			✓		
Parkway	84 Oak Ave.															

PLEASE NOTE: Parks do not have washroom facilities with the exception of Anchor Park.

PARKS & AMENITIES

PARK	ADDRESS	ACCESSIBLE	BASEBALL	BASKETBALL	BIKE PARK	FITNESS STATION	GARDEN / REST AREA	PARKING	PICNIC SHELTER (Rentable)	PLAYGROUND	SHELTER	SKATE PARK / SCOOTER ZONE	SOCCER	SPLASH PAD	TENNIS	TRAILS
Peggy's Wood	2 Nature Way Cres.	✓								✓						✓
Queensville	1590 Queensville Sdrd.	✓	✓					✓		✓					✓	
Radial Line	981 Murrell Blvd.	✓				✓		✓								✓
Ridge View	126 Dogwood Blvd.	✓	✓	✓		✓				✓	✓				✓	
Robert Hunter	120 Mainprize Cres.						✓									
Rosebank	16 Rosebank Blvd.									✓						
Ross Family Complex	19300 Centre St.	✓						✓			✓		✓	✓		
Samuel Lount	144 Samuel Lount Rd.	✓								✓						
Shannon	84 King St.	✓						✓							✓	✓
Sharon	1914 Mount Albert Rd.		✓					✓		✓			✓			
Sharon Hills	191 Colonel Wayling Blvd.	✓		✓				✓		✓			✓		✓	✓
Valley View	175 Walter English Dr.	✓								✓	✓		✓			
Vista Hills	2 Holland Vista St.	✓					✓			✓	✓					
Vivian Creek	19253 Centre St.		✓		✓			✓		✓	✓		✓			✓
Walter Tunny	38 Walter Tunny Cres.	✓				✓				✓	✓					

For more information about our parks and their amenities, please visit www.eastgwillimbury.ca



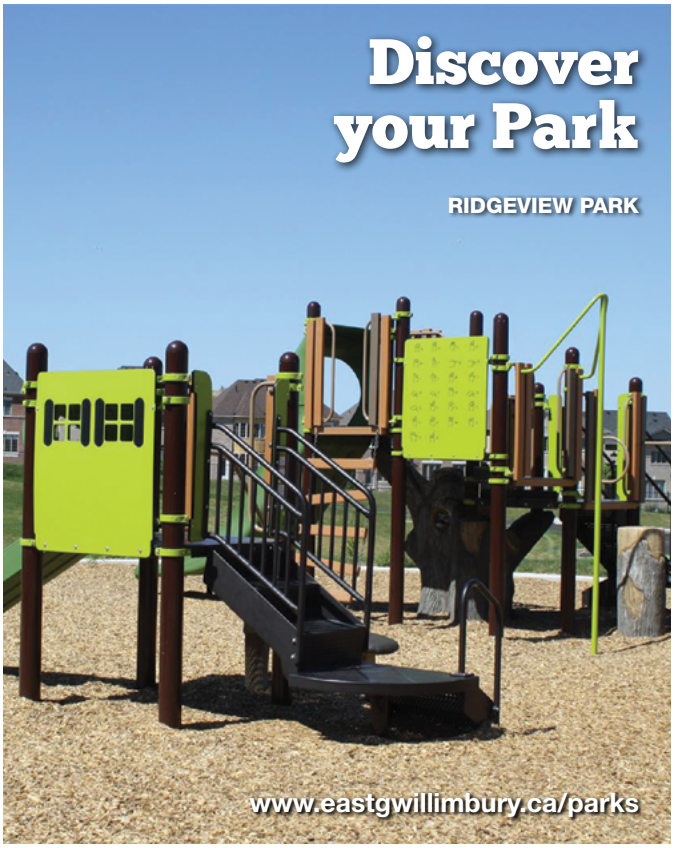














EAST GWILLIMBURY TRAILS

Anchor Park Trail
88 Doane Rd., Holland Landing
Parking provided within Anchor Park

Beechwood Trail
48 Brightwork Way, Holland Landing
Parking across the street at Beechwood Park

Nokiidaa Trail
Parking provided at the corner of Yonge St. and Mount Albert Rd.

Oriole Trail
The end of Oriole Drive in Holland Landing
Street parking available

Peggy's Wood Trail
2 Nature Way Cres., East Gwillimbury
On-street parking available along Nature Way Cres.

Princess Trail
84 King St., Mount Albert
Parking available in Shannon Park

Rogers Reservoir Trail
Parking provided north of Green Lane between 2nd Conc. Rd. and Murrell Dr.

Shannon Park Trail
84 King St., Mount Albert
Parking available in Shannon Park

Sharon Creek Trail
19000 Leslie St., Sharon
Parking available at EG Civic Centre

Sharon Hills Park Trail
Colonel Wayling Blvd., Sharon
Parking available within Sharon Hills Park

Sharon Regional Trail
981 Murrell Blvd., Sharon
Parking available at Radial Line Park

Silk Twist Trail
19513 Yonge St., Sharon
Parking available at the Holland Landing Community Centre

Simcoe Trail
19513 Yonge St., Holland Landing
Parking provided at the Holland Landing Community Centre

Vivian Creek Trail
19253 Centre St., Mount Albert
Parking available within Vivian Creek Park







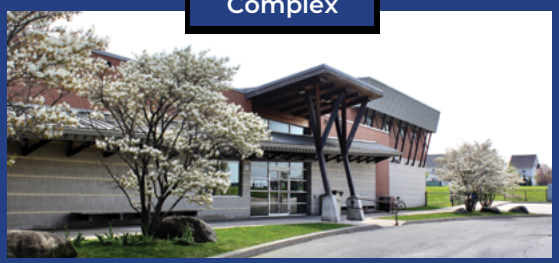
LET US BOOK YOUR NEXT EVENT!

Look no further than the Town of East Gwillimbury to book your event.
Discover the perfect location for your private function at one of East Gwillimbury's many facilities.

FACILITY LOCATIONS

Holland Landing | River Drive Park | Sharon | Mount Albert | Queensville

Ross Family Complex



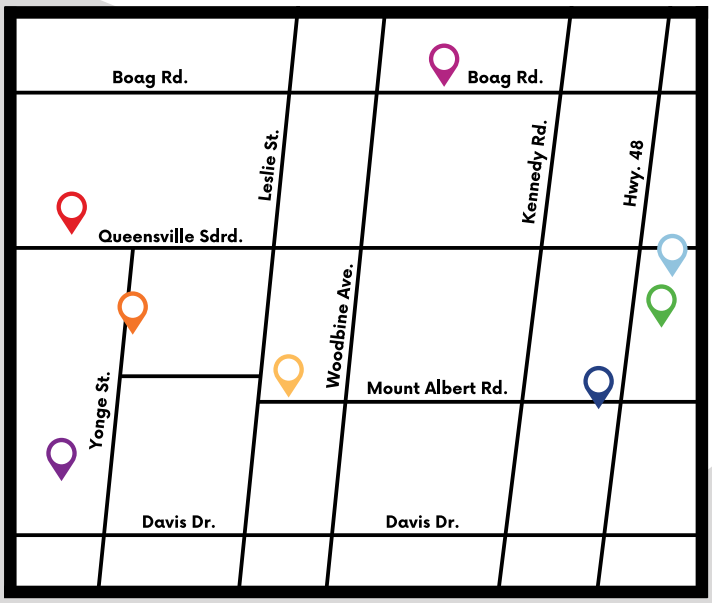


EGSC



North Union

FACILITY MAP



River Drive Park
20 Oak Avenue
River Drive Park, ON L9N 1A1

Holland Landing Community Centre
19513 Yonge Street
Holland Landing, ON L9N 1L8

East Gwillimbury Sports Complex
1914B Mount Albert Road
Sharon, ON L0G 1V0

Mount Albert Community Centre
53 Main Street
Mount Albert, ON L0G 1M0

Ross Family Complex
19300 Centre Street
Mount Albert, ON L0G 1M0

Mount Albert Lions Community Centre
5057 Mount Albert Road
Mount Albert, ON L0G 1M0

Harvest Hills Activity Centre
145 Harvest Hills Boulevard
East Gwillimbury, ON L9N 0C1

North Union Community Centre
2624 Boag Road
Queensville, ON L0G 1R0

RENT SPACE FOR:

- Birthday parties
- Anniversaries
- Holiday parties
- Engagement parties
- Corporate meetings
- All special events

CONTACT US:

905-478-3826
www.eastgwillimbury.ca/communitycentres

FACILITY BOOKINGS



For more information on our facilities please call Recreation Services at 905-478-3826.

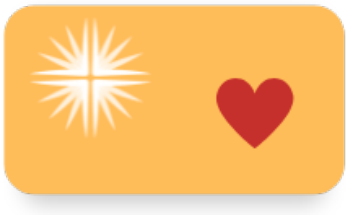
COMMUNITY CENTRE	Theatre	Banquet	Accessible	Round Tables (5' diametre)	Rect. Tables (6' long)	Stove	Fridge	Staff Set-up	Projector (additional fee)	Indoor Portable Stage (additional fee)
EG SPORTS COMPLEX										
• Canada Hall	300	220	♿	✔		HOLDING OVENS ONLY	✔	✔	✔	✔
Canada Hall A	150	110	♿	✔				✔	✔	✔
Canada Hall B	150	110	♿	✔		HOLDING OVENS ONLY	✔	✔	✔	✔
HARVEST HILLS A.C.	45	45	♿		✔		✔			
HOLLAND LANDING C.C.										
• York Trillium Room	220	180	♿	✔		✔	✔	✔		
• Golden Anchor Room	120	110	♿		✔	SHARED	SHARED	✔		
• Simcoe Room	90	80	♿		✔	SHARED	SHARED	✔		
• Dalhousie Room	90	80	♿		✔	SHARED	SHARED	✔		
MOUNT ALBERT C.C.	220	180	♿		✔	✔	✔			
MOUNT ALBERT LION'S C. C.	220	180	♿	✔		✔	✔		✔	
NORTH UNION C.C.	65	56	♿		✔	✔	✔			
RIVER DRIVE PARK	120	100			✔	✔	✔			
ROSS FAMILY COMPLEX										
• Senior Room	40		♿		✔	✔	✔	✔		
• Program Room	40		♿		✔	✔	✔	✔		
• Gymnasium	300		♿					✔		

PLEASE NOTE:

- **Capacities will vary with each set up and location.**
- **Capacities do not include buffet/gift tables, dance floors, head tables, etc.**
- All alcohol-licensed functions must adhere to the Town of East Gwillimbury Municipal Alcohol Policy. Contact Recreation Services for more details.
- Pictures & pricing can be found online at www.eastgwillimbury.ca/communitycentres
- Tea kettles, coffee urns, dishes, and utensils are no longer provided at our facilities.

You belong here.

Get your library card today.



Hours & Contact

Tues - Thurs.....10 am to 8pm
Fri - Sat..... 10am to 4pm

Holland Landing
(905)-836-6492

Mount Albert
(905)-473-2472

info@egpl.ca | egpl.ca

EAST GWILLIMBURY
Public Library

Library Services:

- Borrow a WIFI hotspot
- Online access to movies and music
- **3D Printing** and **Cricut cutting**
- Books and eBooks
- Magazines and newspapers (digital and physical)
- Sewing machines
- Chromebook lending
- Home Library Service

...and more!


SHARON TEMPLE NATIONAL HISTORIC SITE AND MUSEUM
FALL & WINTER EVENTS
191st Annual Illumination Concert| Friday September 9, 2022
Farm to Fork Thanksgiving Tour | Saturday, October 1, 2022
Haunted Halloween Hike | Friday, October 28, 2022
Old Fashioned Christmas | Sunday, December 4, 2022
For more information and tickets please visit www.sharontemple.ca
18974 Leslie Street, Sharon, ON L0G 1V0 | 905-478-2389



TIME TO RECOGNIZE YOU!

Raise a flag for your cause & your group!











Introducing a new flag raising request form for community groups and organizations!

Community groups and organizations are invited to complete an online application to fly their flag on the Town's Community Flagpole for events and causes!

Learn more about criteria and timelines, by visiting the website below!

EG www.eastgwillimbury.ca/communityflag

EG

REDUCING SPEED SAVES LIVES!

Speed limits on local municipal roads are being reduced from 50km/h to 40km/h.

NEW signs will be installed to mark where the new speed limit begins and ends.



EAST GWILLIMBURY

SAFER STREETS

For information and updates, visit www.eastgwillimbury.ca/saferstreets



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Every child has a future waiting to emerge. A passion ready to ignite. We offer the possibilities that make it happen. A place where they are known, supported and inspired. Track shoes, theatrical costumes, or robotics code? A goal, a song, or a speech? With us, students discover themselves. They find big, dreamy answers to the most important question of all:

WHO WILL YOU BE?

cds.on.ca/whowillyoube

The Country Day School offers JK-12 co-educational day education in a [illegible]

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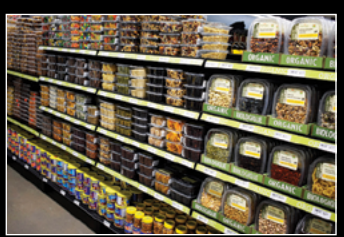












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UXBRIDGE
234 Toronto St. S.
905-852-2442

NEWMARKET
869 Mulock Dr.
905-853-3356

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